

MILK OPTIONS ONLY	Portion		G	G	G	G	G
AUGUST, 2022	Size	Cals	Fiber	Protn	Carb	T-Fat	S-Fat
MILK, 1%	HALF PINT	100	0	8	13	2.5	1.5
MILK, CHOCOLATE FAT FR	HALF PINT	110	0	8	20	0	0
MILK, SKIM FAT FREE	HALF PINT	90	0	9	13	0	0
MILK, STRAWBERRY FAT	HALF PINT	110	0	8	19	0	0
SPECIAL DIETS, LACTOSE-FREE MILK	HALF PINT	90	0	9	13	0	0
SPECIAL DIETS, SOY MILK	1 EACH	140	2	8	17	4.5	0.5

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions